

How to Administer Narcan® Nasal Spray

Steps 1-4

Step 1: Lay the victim on their back

Step 2: Remove Narcan® Nasal Spray from the box. Peel back the tab with the circle to open the Narcan® Nasal Spray



Step 3: Hold the Narcan® Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle



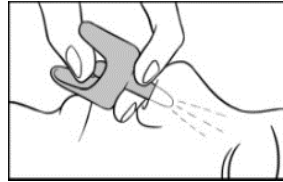
Step 4: Tilt the victim's head back and provide support under the neck with your hand. Insert the tip of the nozzle into **one nostril** until your fingers on either side of the nozzle are against the bottom of the victim's nose



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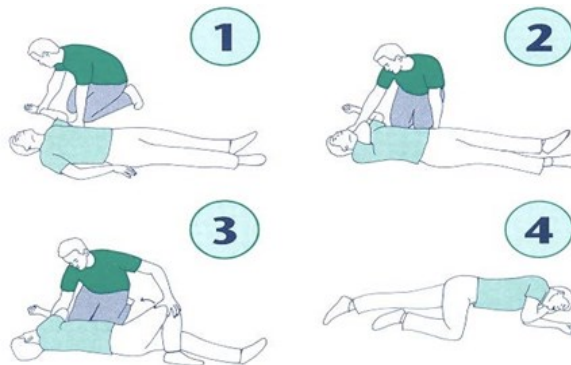
Steps 5-8

Step 5: Press the plunger firmly into the **NOSTRIL** to give the dose of Narcan® Nasal Spray



Step 6: Remove the Narcan® Nasal Spray from the nostril after giving the dose

Step 7: Place victim in the recovery position



Step 8: Seek emergency help and dial 911

After Administering Narcan® Nasal Spray

Step 9: Watch the victim closely

Step 10: If the victim does not respond to the Narcan® Nasal Spray by waking up to voice or touch, or is not breathing normally within 2 to 3 minutes, administer an additional dose of Narcan® Nasal Spray **(if available)**

*** Continue to administer additional doses of Narcan® Nasal Spray every 2 to 3 minutes using a new Narcan® Nasal Spray with each dose until emergency medical assistance arrives**

Step 11: Remain with the victim until emergency help arrives

Bitter Pill
.IN.gov

Helpful Resources

The Indiana Prescription Drug Abuse Prevention Task Force
www.BitterPill.IN.gov

To search for treatment centers by zip code visit the SAMHSA Treatment Center Information
<https://findtreatment.samhsa.gov/>

Indiana 2-1-1 Help Center & Website
<http://www.in211.org/>

Indiana State Department of Health
<http://www.in.gov/isdh/index.htm>

The Centers for Disease Control Injury and Prevention
<http://www.cdc.gov/drugoverdose/>

Indiana Narcotics Anonymous
<http://www.naindiana.org/>

IU Health Chemical Dependency
<http://iuhealth.org/methodist/behavioral-health/chemical-dependency/>



**INDIANA PRESCRIPTION
DRUG ABUSE PREVENTION
TASK FORCE**

Addiction Treatment Providers

Agency	Phone	City/County
Life Springs	(812) 280-2080	Jeffersonville
Porter Starke	(219) 531-3500	Porter
Adult Rehab Center (ARC)	(317) 638-6585	Indianapolis
Aspire	(877) 574-1254	Indianapolis
Centerstone of Indiana	(812) 339-1691	Bloomington
Cummins Behavioral Health	(317) 247-8900	Indianapolis
Hamilton Center	(317) 937-3712	Terre Haute
Eskenazi Health Midtown	(317) 880-8491	Indianapolis
Fairbanks	(317) 572-9396	Indianapolis
Park Center Inc.	(260) 481-2800	Fort Wayne
Valle Vista	(800) 447-1348	Greenwood
Indianapolis Counseling Center LLC	(317) 549-0333	Indianapolis
Edge-Water	(219) 885-4264	Gary
Life Recovery Center	(317) 887-3290	Indianapolis
Pathway to Recovery	(317) 926-8557	Indianapolis
Amethyst House	(812) 401-3415	Evansville
St. Vincent Stress Center	(317) 338-4600	Indianapolis
Tara Treatment Center	(812) 526-2611	Franklin
Sycamore Springs	(765) 743-4400	Lafayette
Volunteers of America of Indiana	(844) 455-4673	Indianapolis

Narcan® (Naloxone) Education and Administration Guide

**IF YOU SUSPECT AN OPIOID OR HEROIN OVERDOSE ADMINISTER THE NARCAN NASAL SPRAY AS QUICKLY AS POSSIBLE
SEEK EMERGENCY HELP & DIAL 911**

- Narcan® Nasal Spray is used to temporarily reverse the effects of opioids (i.e. Oxy, Heroin, Black Tar, China White, Hydro, Miss Emma, Schoolboy, etc.)
- Opioids include narcotic pain medication like OxyContin, Vicodin, Norco, Dilaudid, Morphine, Fentanyl, etc.
- Narcan® Nasal Spray has no effect in people who are not taking heroin or opioid medications
- Always carry Narcan® Nasal Spray with you in case of an opioid emergency
- To view a video of the steps given in this guide visit <https://vimeo.com/151191919>

Signs & Symptoms of an Opioid or Heroin Overdose May Include:

- Pale & sweaty/wet face
- Slow or no heartbeat
- Vomiting
- Limp body
- Blue lips or fingernails
- Little or no breathing
- Cannot be awakened
- Paraphernalia near victim such as empty pill bottles, needles, etc.